



The Arc-South Bay
1735 West Rosecrans Ave.
Gardena, CA 90249
(310) 532-6333

THE VANGUARD

SUMMER 2011

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PRESIDENT'S MESSAGE

Summer 2011

Dear Arc Supporters,

Summer is here now, but fall will be here before you know it! Please watch your mailbox for information about nominations for prospective members of our Board of Directors. We are always looking for caring, knowledgeable individuals who want to give back to the community, and who are interested in the welfare of our folks. Please put your thinking caps on and come up with some names for us! The Board meets monthly for a couple of hours, and there are also committee opportunities for Board members, such as the Finance Committee.

In the cyber world, be on the lookout for our newly revamped website – same address (www.arcsobay.org), different look. By the time you get this newsletter, it should be up and running.

In the same vein, by mid-July we will have a Facebook page. Just search for "The Arc-South Bay" on Facebook. LIKE the page!!! We will be posting announcements of activities, job openings, and the like on that page.

No President's Message is complete without touching on the State budget. However, things change so fast, that today's news is tomorrow's "has been." For up-to-the minute coverage, see www.TheArcCA.org.

In closing, let me thank our loyal supporters, from individuals to service clubs to companies. Each of you makes such a difference in the lives of those we serve, and we are grateful for your contributions.

Thank you,

James "Jimmy" Coleman
Board President
The Arc-South Bay Board of Directors

Sundae, Sundae, Sundae.....!!

That was the main treat at this year's Valentine's Day celebration at Southwest Industries...and everyone had a wonderful time.



There was dancing to good music, but the ultimate highlight was the personally made Ice Cream Sundaes. Each consumer picked what flavors of ice cream they wanted, along with their favored toppings. The toppings consisted of hot fudge, caramel topping, strawberry syrup, nuts, gummy bears, sour gummy worms, red hots, red and white sprinkles, rainbow sprinkles, Oreo cookies and shortbread cookies. Everything was topped off with a cherry. And if that was not enough, they also had red and white cupcakes.

As an added enjoyment for the consumers who weren't camera shy, each person was given the opportunity to take a picture in front of our Cupid and Hearts background. These pictures were printed and given to each person. And that, ladies and gentlemen, is how we celebrate Valentine's Day at Southwest Industries!

Who Won the Super Bowl Drawing?

We would like to thank all those who supported our Super Bowl fundraiser, whether it was through buying/selling tickets or donating prizes. The Grand Prize winner, Jim Simpson from El Segundo, won Super Bowl XLV tickets for two, including four nights' hotel accommodations at an Embassy Suites and roundtrip airfare to Dallas. Lucky Mr. Simpson purchased his \$10 ticket at Baja Sharkeez.

Bradford Renaissance Portraits in Costa Mesa donated three Gift Certificates. The first was valued at \$5000 and went to Tom Scully, Manhattan Beach, for a "Renaissance Portrait. Lucky Tom also won the third package (Rowley Portraiture) valued at \$1,000. The second package went to Archie Manabat, Torrance, who won a Bradford Portrait (valued at \$3,000). Arc staffer Mark Rodriguez sold that lucky ticket.

We had several other prizes up for grabs, such as a Kings Ticket Package donated by Board President Jim Coleman (included VIP parking as well). Nikki Sweeney from Gardena was the lucky winner of this prize. Her ticket was purchased from Kathy Walker.

Celebrating Christmas 2010 at Southwest Industries

In December 2008 and 2009, the Port of Los Angeles adopted the consumers of Southwest Industries at Christmas time, and 2010 was no different. The counselors at SWI asked each program participant to give them a short wish list which was then passed on to the employees at The Port of Los Angeles. There they are posted and the employees pick the names they want to buy presents for.



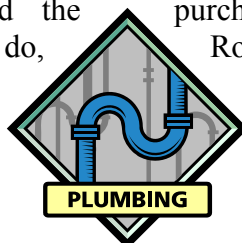
This is quite unique because these employees are simply picking a name on a piece of paper; they don't know the person at all. But that didn't matter to our consumers! When they opened their presents at the party, it was plain they thought the giver knew them.

We are thankful for all the employees at The Port of Los Angeles. We wish them much happiness because this is what they bring to our program participants at Christmas time.

(Footnote: Two classmates who attended high school together over 30 years ago introduced The Port of Los Angeles to The Arc- South Bay and this program is a direct result of that friendship.)

South Bay Rotary Pitches in Again!

The Rotary Club of South Bay (Sunrise) has been a friend to the Arc for many years, and their latest contribution was \$500 toward the purchase of a new sump pump for the downstairs bathroom. Thank you for all you do, Rotary!



Such a Deal on a Lawn Mower!

Our Community Employment Services Lawn Service Group was happy to receive a Honda HRC 216 Lawnmower at 25% off retail from **Yamada Company, Inc.** in Gardena. This lawnmower is top of the line and retails for about \$1250. When you are busy mowing lawns five days a week, you need the best, or all you have is a “fancy fall-apart” piece of equipment.



We have one lawn service crew in Southwest Industries' Community Employment Services department. They are scheduled throughout the community each weekday, doing yard work on a contract basis. This enables them to gain valuable experience that can be used as a stepping stone to employment in the community while providing them with a wage. The work crew is supervised by a Job Coach, shown in the middle of the photo.

Our Lawn Service Group has been a steady customer at Yamada (706 W. Gardena Blvd in Gardena) for several years, bringing in machinery for repair and purchasing new equipment.

The CES department also has two Housecleaning crews who work both at private and professional sites. To schedule a cleaning crew or a yard crew, call the CES department at 310-532-6333, ext. 222.

What is CARF?

If you spend any time around Southwest Industries, you will probably hear people talk about “CARF.” In January, our organization, specifically Southwest Industries, will be up for re-accreditation by CARF.

CARF is an independent, not-for-profit accrediting body whose mission is to promote the quality, value, and optimal outcomes of services through a consultative accreditation process that centers on enhancing the lives of the persons served. Founded in 1966 as the Commission on Accreditation of Rehabilitation Facilities, and now known as CARF, the accrediting body establishes consumer-focused standards to help organizations measure and improve the quality of their programs and services.

We at Southwest Industries are striving for a Three-Year Accreditation, which is the highest rating an agency can receive from CARF, and one which we have been awarded many times.

An organization receiving a Three-Year Accreditation outcome has put itself through a rigorous peer review process and has demonstrated to a team of surveyors during an on-site visit that its programs and services are of the highest quality, measurable, and accountable. This accreditation outcome represents the highest level of accreditation that can be awarded to an organization and shows the organization's substantial conformance to the standards established by CARF.

Saturday A.M. Bowlers are No ‘Turkeys’!

The Saturday A.M. Bowling league just concluded another successful season. In addition to the bowlers participating in the weekly league, they competed in preliminary tournaments, known as the County and District Tournaments. Then they moved up the ladder to the **State Finals** which were held on May 14th in Fresno. The Saturday A.M. Bowlers Division Three Team came in First Place! Hooray for our bowlers!

In other Bowling news, the 27th Annual **Family Bowling Day** is scheduled for Sunday August 14th from 1:30 to 4:00 pm at the AMF Bowl-O-Drome Lanes. A participant in the Saturday A.M. Bowling League is paired with a family member, friend or volunteer for three games of bowling. Trophies are awarded for first through third place, and a “Most Inspirational” bowler is acknowledged. Please contact The Arc-South Bay by August 5th if you wish to be part of this fun-filled day.



We want to express our appreciation to the many volunteers who assist with the weekly league and tournament duties. These parents and friends also sponsored a yard sale the weekend of June 4-5 with the proceeds offsetting the cost of the bus to the State Tournament. A special thank you "shout out" goes to League Chairperson **Dorothy Spomer**, **Marge Bernhardt** and **Masae Yoshida** for their efforts with bowler check-in, scorekeeping, setting up the tournaments and the hundreds of other duties they perform to keep our program running efficiently.

Attention all bowlers: The new league season begins on September 10th, and will once again be conducted at the AMF Bowl-O-Drome Lanes in Torrance on Saturdays at 9:30 am.

Hermosa Beach ADC Kitchen gets a Makeover

Even though it is not the subject of ‘Extreme Makeover,’ it might as well be. **Manhattan Beach Rotary Club** is remodeling the Adult Development Center-Hermosa Beach's kitchen from the ground up. New floors, cabinets, fixtures, appliances and labor are all being provided FREE! This wonderful project will bring much joy and new functionality to everyone who uses it. Hats off to the members of the **Manhattan Beach Rotary Club** for donating their weekends to this project and donating their fund to purchase the “fixin’s.” **Dorothy Forbar** of Project Touch, (a nonprofit group that is allowed to use our kitchen one night a week) was instrumental in arranging the remodel.



June 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Happy Father's Day			1	2	3	4
5	6	7	8	9	10	11
12	13		15	16	17	18
	20		Board of Directors Meeting	23	24	25
26	27	28	29	30		

July 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Happy July 4th					1	2
3	 Independence Day All Arc Programs CLOSED	4	5	6	7	8
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	Board of Directors Meeting	28	29	30
31						

August 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14 Family Bowling Pre-Reg required Bowldrome	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	<p>Don't forget FAMILY BOWLING August 14, 2011 Bowldrome</p> 		

September 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Happy Labor Day				1	2	3
4	 Labor Day All Arc Programs CLOSED	6	7	8	9	10 League Bowling Pre-registration required
11	12	13	14	15	16	17 League Bowling Pre-registration required
18	19	20	21 Board of Directors Meeting	22	23 SWI Annual Picnic	24 League Bowling Pre-registration required
25	26	27	28	29	30	



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Gardena, CA 90249

Address Correction Requested

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Help us promote the welfare of people with developmental disabilities by becoming an Arc member – We Need You!



1735 West Rosecrans Avenue
Gardena, CA 90249

(310) 532-6333 (310) 532-0623 (FAX)

www.arcsobay.org

E-mail us at arcsobay@arcsobay.org

Name: _____ Address: _____

City: _____ State: _____ Zip: _____ Phone: _____

Type of Membership:

- Regular - \$15.00
- Silver - \$25.00
- Gold - \$100.00
- Lifetime - \$1000.00
- Associate (non-voting) -\$10.00

Method of Payment

- Enclosed is my check for \$ _____
- Enclosed is my cash for \$ _____

Check here if you do not wish your name, address and phone number to be included on a membership list made available to other members of The Arc-South Bay upon their request.