



The Arc-South Bay
1735 West Rosecrans Ave.
Gardena, CA 90249
(310) 532-6333

THE VANGUARD

SPRING - FALL 2009

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PRESIDENT'S MESSAGE

August, 2009

The Arc vs. the Recession

Many of you have expressed concern about the effects of the recession and the California budget on The Arc-South Bay. First let me assure you that we are alive and well, kicking.

Various adjustments have been made to the budget for the Department of Developmental Services, some of which impact us directly, but thankfully, most do not.

One change you will notice is that our Winter Holiday schedule will be altered. As a result of different regional centers closing on a variety of days during the Holiday season, such "vacation" days have been standardized in an effort to reduce program/transportation costs. The Arc and its programs will conform to the newly implemented statewide schedule and will be closed from December 28th through the 31st as a result. All programs will have the same days off, which is helpful in some ways, but it will be an unpaid break for us and our staff, negatively impacting our financial bottom line.

Another change which may actually work in our favor is a new provision in AB45 which "requires that the regional center, client and where appropriate parent, guardian, conservator or legal representative shall select the least costly provider including the cost of transportation when selecting a provider of services." Since we have been vendored by the State for many years, our rates (the rate at which we are reimbursed for services) are at or near the lowest in the entire State. Until now, this has been a curse, rather than a boon, but now it may prove otherwise. We are hoping that the regional centers will take this provision to heart and send more clients our way. If you have friends who are looking for a program, recommend us and they can request our programs to their regional center liaison.

On a personal note, I would like to take this opportunity to express my gratitude to all of the staff and volunteers who continue to provide excellent options for our clients. I am proud to be of service to such an organization.

Thank you,

Jimmy Coleman
Board President

Providing programs and services for people with developmental disabilities
in the South Bay since 1959.

San Pedro Port Authority Plays Santa

(a little bit of Christmas in August)

What started out as a simple conversation between two former high school friends, one from the Arc and one from the Port Authority, turned into a fabulous Christmas for the clients of Southwest Industries.

Michele Franks (Administrative Secretary at the Arc) mentioned to her former classmate at the Port Authority that we were seeking donations for our clients' annual holiday party. The Port Authority soon asked for a wish list of 3 items from each consumer – the items ranged from CD players to hula hoops! When the party drew close, our van went to San Pedro to pick up the gifts and boy, did they return with a haul.



There were hundreds of gift bags with name tags for the selected client, and most of them got what they had “wished” for.



Staff said that this was the greatest Christmas our consumers have ever had, and we owe it to the big-hearted employees of **San Pedro Port Authority** –

so here is a BIG Arc “Thank You” to all the wonderful people there.

Also, we can't forget the following companies and individuals who generously contributed money for food and extras for the holiday party:

Hudson Paint and Auto Body
Phil Rubaloff Inc.
Edco, Inc.
Beauty Cloth
Mr. & Mrs. Robert Constant
Gardena Emblem Club #257
Albert Jicha
Lookwell, Inc.



Family Bowling Results “Part 25”

Hard to believe that this year's event was the 25th annual Family Bowling Day! Held at Bowl-a-Drome on Sunday, August 2, seventy-two bowlers demonstrated their skills, with the following duos grabbing their trophies:

First Place Team: **Debbie Spomer** and **Louise Elliott** (from Hope Chapel)

Second Place Team: **Jeff McCandless** and **Ralph Heaney** (from Santa Ana Elks Club)

Third Place Team: **Jim Hansen** and **Jean Hansen** (proud mother)

Most Inspirational Team: **Larry Thurman** and **Kyla Collette** (volunteer)

Congratulations to all the trophy winners and thank you to everyone who participated in this fun event.

Also to be mentioned are the **Santa Ana Elks Club** and **Hope Chapel** for their volunteer bowlers. And a very special thanks to our volunteers who help with record-keeping, team coordination, snack bar and other logistics throughout the year: **Dorothy Spomer, Marge Bernhardt, Masae Yoshida and Bruce Clancy.**

Clients Work at Container Corporation

Southwest Industries' Community Employment Services department is moving right along, according to manager **Michael Murphy.**

In February, we received a materials handler contract with **Empire Container Corporation** in Carson. A group of clients from our program work onsite at the Container Corporation facility, enabling Empire to save production costs on large contracts. They are very pleased with our services and there is potential for a second group of clients to be placed by the end of summer, in preparation for the Holiday season. In addition, there is potential for individuals who wish to be placed in permanent positions there.

As a result of the excellent work done by our participants on the production floor, we obtained a janitorial contract at Empire in May. One of our crews cleans their building on a regular basis.

Our other enclave group, Lawn Services, has increased its service contracts since January



and is looking forward to a productive year.

Golf! Golf! Golf!

Grab your clubs and join us for a fun-filled day on the links on Friday, September 18th, at Brookside Golf Club in Pasadena. There will be team trophies, raffle prizes, mulligan packages, luncheon and dinner, plus on-course contests.



Tee time is 1 pm and the golfer entry fee is \$150 per golfer by Sept. 4. Of course, sponsorship opportunities are available. Major sponsors so far are: **Convaid Inc.; Enterprise; State Farm Insurance; Industrial Lock and Security Inc.; Ashland Investment Advisors;** and **L² Construction Consortium Inc.**

The **South Bay Sunrise Rotary Club** is taking a more active leadership role this year, and the tournament is renamed the "South Bay Sunrise Rotary Club Annual Golf Tournament." In addition to The Arc, the Scott Newman Center will also be a recipient of funds raised.

For information, call **Michele Franks** at 310-532-6333, x221.

Southwest Industries Awarded Three-Year Accreditation

In early December, Southwest Industries was scrutinized for two days by surveyors from our accrediting body, CARF (Commission on Accreditation of Rehabilitation Facilities). We are pleased to announce that we have been accredited for a period of three years for our work activity center and community employment services. (CARF accreditation is required for funding.)

This accreditation outcome represents the highest level of accreditation that can be awarded to an organization and shows the organization's substantial conformance to the standards established by CARF. An organization receiving a Three-Year Accreditation outcome has put itself through a rigorous review process and has demonstrated to a team of surveyors during an on-site visit that its programs and services are of the highest quality, measurable, and accountable.

CARF is an independent, not-for-profit accrediting body whose mission is to promote the quality, value, and optimal outcomes of services through a consultative accreditation process that centers on enhancing the lives of the persons served. Founded in 1966 as the Commission on Accreditation of Rehabilitation Facilities, and now known as CARF, the accrediting body establishes consumer-focused standards to help organizations measure and improve the quality of their programs and services.

Congratulations to the staff of Southwest Industries and the Administrative staff of The Arc-South Bay for their excellent work.

“Let’s Go To the Movies”

Over 80 of our consumers that attend The Arc’s Adult Development Centers in Gardena and Hermosa Beach had the pleasure of attending Movie Day on March 12. **Edythe Crawford**, Program Manager at ADC - Gardena, organized the field trip to **Gardena Cinema** on 14898 West Crenshaw Blvd., to see “Madea Goes To Jail” with Tyler Perry.

Movie day at Gardena Cinema is always a special treat for our consumers, as the theatre owners make our folks feel so welcome!



On our special movie day, the theatre is opened to us only...that’s right, we have full use of the entire theatre! Attendants show folks to their seats and helpful people work in the concession stands so that our consumers get the total movie experience down to popcorn, soda and even Junior Mints. Quite the treat for the clients.

Plenty of staff were on hand to help ensure everyone had a great time, and most of the transportation was provided by **McCalister Transportation** at no charge. Thank you to Gardena Cinema and McCalister Transportation for making this special outing possible.




Our Mission is to attract and serve consumers with developmental disabilities by:


- Promoting the general welfare of individuals with developmental disabilities
- Providing services to individuals with developmental disabilities which will enhance their opportunities for growth and independence
- Providing support to the families of individuals with developmental disabilities
- Reducing the incidence and limiting the consequence of mental retardation through education and advocacy and through supporting research with the help of families, friends and the community
- Facilitating equal access to society for individuals with developmental disabilities

The Arc South Bay is a member unit of the State and National Arcs.

August 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						Open Bowling Bowl-O-Drome 9:15 to Noon
Family Bowling Bowl-O-Drome Pre-reg. required					Bocce Practice 6-7:30p.m. Segolago Park	Open Bowling Bowl-O-Drome 9:15 to Noon
					Bocce Practice 6-7:30p.m. Segolago Park ----- Dance Nakaoka Center Gardena	Open Bowling Bowl-O-Drome 9:15 to Noon
					Bocce Practice 6-7:30p.m. Segolago Park	Open Bowling Bowl-O-Drome 9:15 to Noon
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					Bocce Practice 6-7:30p.m. Segolago Park	Open Bowling Bowl-O-Drome 9:15 to Noon

September 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4 Bocce Practice 6-7:30p.m. Segolago Park	5 Open Bowling Bcwl-O-Drome 9 15 to Noon
6	7 Labor Day All Arc Programs CLOSED	8	9	10	11 Bocce Practice 6-7:30p.m. Segolago Park ----- Dance Nakaoka Center Gardena	12 Open Bowling Bcwl-O-Drome 9 15 to Noon
13	14	15	16	17	18 Bocce Practice 6-7:30p.m. Segolago Park ----- Annual Golf Tournament	19 Open Bowling Bcwl-O-Drome 9 15 to Noon
20	21	22	23	24	25 SWI Consumer Picnic Bell Park, Gardena ----- Bocce Practice 6-7:30p.m. Segolago Park	26 League Bowling Starts Pre reg. required 9:30 a.m.
27	28	29	30	Saturday, September 5, 2009 League Bcwlng Registration Fee <u>DUE</u> \$10.00 Annual Golf Tournament Benefiting The Arc-South Bay & Scott Newman Center Friday, September 18, 2009 Brookside #1 in Pasadena, CA		

October 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Halloween				1	2	3 League Bowling Pre reg. required 9:30 a.m.
				8	9 Dance Nakaoka Center Gardena	10 League Bowling Pre reg. required 9:30 a.m.
11	12	13	14	15	16	17 League Bowling Pre reg. required 9:30 a.m.
18 District II Bowl-a-thon	19	20	21	22	23	24 League Bowling Pre reg. required 9:30 a.m.
25	26	27	28	29	30	31 League Bowling Pre reg. required 9:30 a.m.

November 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Daylight Saving Time Ends Turn all clocks BACK one hour	2	3	4	5	6	7 League Bowling Pre reg. required 9:30 a.m.
8	9	10	11 Veterans Day All Arc Programs Open	12	13 Dance Nakaoka Center Gardena	14 League Bowling Pre reg. required 9:30 a.m.
15	16	17	18	19	20	21 League Bowling Pre reg. required 9:30 a.m.
22	23	24	25	26 Thanksgiving Day All Arc Programs Closed	27 Day After Thanksgiving All Arc Programs Closed	28 League Bowling Pre reg. required 9:30 a.m.
29	30	Happy Thanksgiving				



1735 W. Rosecrans Ave.
Gardena, CA 90249

Address Correction Requested

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Help us promote the welfare of people with
developmental disabilities by becoming an Arc member – We Need You!



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Gardena, CA 90249
(310) 532-6333 (310) 532-0623 (FAX)
www.arcsobay.org
E-mail us at arcsobay@arcsobay.org

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City: _____ State: _____ Zip: _____ Phone: _____

Type of Membership:

- | | | |
|---|---|--|
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| <input type="checkbox"/> Lifetime - \$1000.00 | <input type="checkbox"/> Associate (non-voting) - \$10.00 | |

Method of Payment

☐ Enclosed is my check for \$ _____ ☐ Enclosed is my cash for \$ _____

☐ Check here if you do not wish your name, address and phone number to be included on a membership list made available to other members of The Arc-South Bay upon their request.